

## VAL ALBA REGIONAL NATURE RESERVE



Thanks to a joint procedure involving the local population, the project was set up in 2006, funded by the European Union and promoted by the Friuli Venezia Giulia Region. Val Alba was chosen for its particular natural, historical and cultural features. It lies to the east of the southern Carnic Alps and Pre-Alps and extends for almost 3,000 hectares in the municipality of Moggio Udinese. The site is in the lower part of the basin of the Fella river, a left-hand tributary of the Tagliamento River and more specifically in the area of the two catchment basins dug by the Rio Alba and the Rio Simon.



## ATTRACTIONS

This is an intact and wild land, full of crystal-clear waters, rocky peaks, thick woods, but also abounding in marks left by man and his activities. A real natural gem, completely uninhabited and silent, crossed by a dense network of paths. Another really interesting feature is represented by the signs of the military presence during the First World War. The mountain crests were the sites of the second front line for several years, and here many special war constructions were built, mountain shelters and defence structures, little dormitories and dug-outs. Excursions to the Vuält shelter, the old military hospital, Bianchi Bivouac and the Rio Alba springs are obligatory visits for anyone wishing to experience the authentic essence of the Reserve.



# Val Alba Regional Nature Reserve



## NATURAL FEATURES, FLORA AND FAUNA

Val Alba lies in an area of great ecological value, a transition between the Alps and Pre-Alps and the Carnic and Julian Alps. The different and complex heights create a mosaic-like atmosphere that reflects the rich variety of animal and plant species that manage to survive in such diverse chorological situations.

Thanks to these natural features, the Reserve has been established as the "Çuc dal Bôr Site of Community importance", part of the "Natura 2000" network.

The tree line runs at 1500 metres, due to the physical and bio-geographical conditions, offering a highly interesting variety of plant life. Here beech, fir, larch, rowan, Mugo pine and black or Austrian pine grow.

There are a few rare but very important species with limited geographical distribution, including white buttercups (*Ranunculus traunfellneri*), Julian Alp poppies (*Papaver alpinum*) and Carniola lilies (*Lilium carniolanum*). The abundance of fauna includes over 80 species of nesting birds, such as snowbird, peregrine falcon, golden eagle, black woodpecker (the emblem of the Reserve) and more than 50 species of mammals and several kinds of amphibians and reptiles.

These bird species are typical to this Alpine sector, which is also known for the presence of Ungulates and the migration of the large carnivores (the bear and the lynx) from Slovenia.



## ITINERARIES

The valley can be entered from three charming villages situated on the slopes of the mountain: Dordolla, Pradis and Ovedasso. Both trained hikers and families with children can enjoy the charm of the mountains along numerous trails, cobbled tracks and mule paths across the valley, immersed in the silence of the woods, reaching as far as the tops of the mountains. For example, you can go for a walk to the Vuält shelter and wood, or turn off towards the Bianchi Bivouac, the Rio Alba springs or the remains military refuge, discovering natural, historical and anthropic features along the way. There is a wide choice for experienced hikers, too. They're sure to enjoy a climb up the Creta dei Russei, Cuel Brusât, or from Monte Crostis to Çuc dal Bôr. The valley offers plenty of opportunity for environmental education, with its educational paths around the Vuält shelter, as well as recreational and tourist activities.



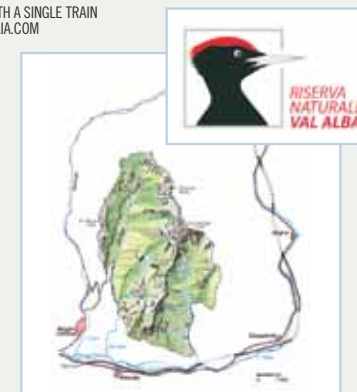
### HOW TO GET TO THE RESERVE

> FROM THE SOUTH:  
MOTORWAY A23 PALMANOVA-TARVISIO, EXIT AT CARNIA, CONTINUE TOWARDS TARVISIO TO MOGGIO UDINESE.

> FROM THE NORTH:  
MOTORWAY A23 PALMANOVA TARVISIO, EXIT PONTEBBA, CONTINUE TOWARDS UDINE ON THE NATIONAL ROAD PONTEBANA S.S. 13 AND FOLLOW THE SIGNS FOR MOGGIO UDINESE. IN BOTH CASES CONTINUE ALONG THE PROVINCIAL ROAD 112 TOWARDS VAL ALBA AND FOLLOW THE SIGNS TO THE RESERVE OF VAL ALBA.

> BY COACH:  
THE AREA IS SERVED BY SAF AUTOSERVIZI F.V.G. S.P.A. LINES TEL. 848.800.340 - WWW.SAF.UD.IT

> BY TRAIN:  
TRAVEL TO THE STATION OF CARNIA, THEN CONTINUE WITH A SINGLE TRAIN TICKET BY SUBSTITUTE COACH SERVICE. WWW.TRENTALIA.COM



Authority of the Natural Park of the Julian Prealps

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TEXT: ENTE PARCO NATURALE DELLE PREALPI GIULIE  
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