

Appendixes:

Appendix 1. Informed consent form - English version

INFORMED CONSENT FORM

Description: This study will examine menstrual practices of Nepali girls and women, menstrual product accessibility and financing of menstrual products in Nepal. It will help in establishing of a non-profit company in Nawalparasi District, which will produce menstrual pads, but also invest in the activities aiming to improve the well-being of Nepali women and girls . The research will be conducted in face-to-face interview method and the answers will be noted on the designated research sheet for the purpose of standard research procedures (eg. Analysing of responses, scientific publications, presentation at professional conferences, etc.). Your identity will not be revealed to anyone but designated research team.

Confidentiality: Respondent's answers will not be associated with their name. Rather, each respondent will be given an identification number on the interviewer's sheet.

Risks: There are no risks to your safety. The questions raise sensitive matters regarding menstruation practices but should not be seen as controversial issues.

Freedom to Withdraw or Refuse Participation: You have the right to stop the interview at any time, or to refuse to answer any of the interviewer's questions without prejudice from the investigator.

Questions? Please feel free to ask the investigator any questions before signing the consent form or at any time during or after the study.

Informed Consent Statement

I,, agree to participate in the research project entitled "Menstrual product choice, accessibility and practices among Nepali girls and women". The study has been explained to me and my questions answered to my satisfaction. I understand that my right to withdraw from participating or refuse to participate will be respected and that my responses and identity will be kept confidential. I give this consent voluntarily.

Respondent's Signature: Signature Date:

Investigator's Signature: Signature Date: